In The Bayou AB

Count: 48

Level: Absolute Beginner

Choreographer: Dee Palmer (USA) - September 2024

Music: In the Bayou - Laine Hardy

ECS Binaire 124 bpm

Intro: Start on lyrics Start on word Pontoon About 22 seconds in

Wall: 2

TOE/HEEL STRUTS

- 1-4 R toe forward, drop heel, L toe forward, drop heel
- 5-8 R toe forward, drop heel, L toe forward, drop heel

2- ROCKING CHAIRS

- 1-4 Rock R forward, recover L, rock R back, recover L
- 5-8 Rock R forward, recover L, rock R back, recover L

RESTART - WALL 2

VINE RIGHT, STEP RF TO RIGHT DIAGONAL, HIP BUMPS TO RIGHT DIAGONAL

- 1-4 Step RF to right, LF behind, RF to side, LF across
- 5-8 Step RF to right diagonal, bump hips to right diagonal 3 times (Wt on RF)

VINE LEFT, STEP LF TO LEFT DIAGONAL, HIP BUMPS TO LEFT DIAGONAL

- 1-4 Step LF to left, RF behind, LF to side, RF across
- 5-8 Step LF to left diagonal, bump hips to left diagonal 3 times (Wt on LF)

2 JAZZBOX STEPS EACH WITH 1/4 RIGHT TURN

- 1-2 Cross RF over LF, step LF back
- 3-4 Turning 1/4 right, step RF to side, step LF forward
- 5-6 Cross RF over LF, step LF back
- 7-8 Turning 1/4 right, step RF to side, step LF forward

K STEP

- 1-2 Step RF forward to right diagonal, touch L
- 3-4 Step LF back to left diagonal, touch R
- 5-6 Step RF back to right diagonal, touch L
- 7-8 Step LF forward to left diagonal, touch R

RESTART ON WALL 2 AFTER 16 CTS (Rocking Chairs)

NOTE: The song is long, so I cut the music at 3:00 and end the dance at 12:00

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