

AB Washed Up in Austin

Compte: 32

Mur: 2

Niveau: Absolute Beginner

Chorégraphe: Martine Canonne (FR) - February 2024

Musique: Austin - Dasha : (Album : What Happens Now ? - iTunes)

Polka 115bpm



Start : 32 counts. – No Tag No Restart

[1 – 8] [TOUCH HEEL FWD, TOUCH TOE BACK, TRIPLE SIDE] R & L

- 1 – 2 Touch heel RF fwd, touch toe RF back
- 3 & 4 Step RF to right side, step LF next to RF, step RF to right side
- 5 – 6 Touch heel LF fwd, touch toe LF back
- 7 & 8 Step LF to left side, step RF next to LF, step LF to left side

[9 – 16] ROCK STEP, TRIPLE BACK, ROCK BACK, TRIPLE STEP

- 1 – 2 Step RF fwd, recover onto LF
- 3 & 4 Step RF back, step LF next to RF, step RF back
- 5 – 6 Step LF back, recover onto RF
- 7 & 8 Step LF fwd, step RF next to LF, step LF fwd

[17 – 24] OUT-OUT, IN-IN, ¼ TURN R OUT-OUT, IN-IN

- 1 – 2 Step RF diagonally right fwd, step LF diagonally left fwd
- 3 – 4 Step RF back in center, step LF next to RF

(For fun : put your right arm on the right (1), the left arm on the left (2), put the right hand on the right hip (3), put the left hand on the left hip (4))

- 5 – 6 ¼ turn right stepping RF diagonally right fwd, step LF diagonally left fwd (03 :00)
- 7 – 8 Step RF back in center, step LF next to RF

(For fun : same thing with hands as counts 1-4)

[25 – 32] BASIC CHARLESTON, ¼ TURN R BASIC CHARLESTON

- 1 – 2 Step RF fwd, kick LF fwd
- 3 – 4 Step LF back, touch RF back
- 5 – 6 ¼ turn right stepping RF fwd, kick LF fwd (06 :00)
- 7 – 8 Step LF back, touch RF back

FINAL : Last wall facing at 06 :00 on count 32, make ½ turn right for finish facing at 12 :00

<http://danseavecmartineherve.fr/> martine-canonne@orange.fr