

# Last Confession

Count: 62

Wall: 2

Level: Phrased Intermediate

Choreographer: Mark Furnell (UK) & Chris Godden (UK) - December 2023

Music: Ladada (Mes Derniers Mots) - Claude



Intro: 40 Counts, Start at approx 20 secs

Sequence: A, B, A, A (16 Counts), A, A (24 Counts), B, A, A, Ending

## Part A

### SEC 1 Camel Walks, Shuffle Press, Recover Sweep, Back Sweep, ¼ Sailor

- 1-2 Step right forward popping left knee forward, step left forward popping right knee forward
- 3 Step right forward popping left knee forward

#### Arms

- 1-2 Grab both elbows with elbows in front of body, slide hands down to wrists
- 3 Push both arms down
- 4& Step left forward, step right beside left
- 5-6 Press left forward, recover weight onto right sweeping left from front to back
- 7 Step left back sweeping right from front to back
- 8&1 Turn ¼ right step right behind left, step left to left, step right forward (3:00)

### SEC 2 ½ Pivot, ½ Step, ¼ Sweep, Cross, Side Rock, Behind, Side, Cross Shuffle

- 2 Pivot ½ left transferring weight on to left (9:00)
- 3-4 Turn ½ right step right forward, turn ¼ right sweep left from back to front (6:00)
- 5 Cross left over right
- 6& Rock right to right, recover weight onto left
- 7& Step right behind left, step left to left
- 8&1 Cross right over left, step left beside right, cross right over left

Restart Here, 3rd time Part A is danced, change 8& to the following the Restart with Part A

- 8& Cross right over left, step left beside right

### SEC 3 Side Rock, Behind, Full Walk Around

- 2-3 Rock left to left, recover weight onto right
- 4-5 Step left behind right, turn ¼ right step right forward (9:00)
- 6-7 Turn ¼ right step left forward, turn ¼ right step right forward (3:00)
- 8 Turn ¼ right step left to left (6:00)

Restart Here 5th time Part A is danced, Restarting with Part B

### SEC 4 Behind Sweep, Hold, Pony, Back Rock, Full Turn

- 1-2 Step right behind left sweep left from front to back, hold
- 3&4 Step left back hitching right knee, step right beside left, step left back hitching right knee
- 5-6 Rock right back, recover weight onto left
- 7-8 Turn ½ left step right back, turn ½ left step left forward (6:00)

## Part B

### SEC 1 Side, Behind, ¼ Step, Rock, Back Back Sweep, Behind, ¼ Side, Step, Full Spiral Turn, Run Run ¼ Step Sweep

- 1-2& Step right to right, Step left behind right, turn ¼ right step right forward (9:00)
- 3-4& Rock left forward, recover weight onto right, step left back
- 5 Step right back sweeping left from front to back
- 6& Step left behind right, turn ¼ right step right to right
- 7 Step left forward spiral full turn right hooking right (12:00)

8& Step right forward, step left forward  
1 Step right forward turn  $\frac{1}{4}$  right sweeping left from back to front

**SEC 2 Cross,  $\frac{1}{4}$  Back, Back, Back Rock, Recover, Back Rock, Recover, Back Rock, Recover, Step,  $\frac{1}{2}$  Unwind**

2&3 Cross left over right, turn  $\frac{1}{4}$  left step right back, step left back (12:00)  
4&5 Step back right, step back left, rock right back  
a6a Recover weight onto left, rock right back, recover weight onto left

**SEC 3 Step Pivot, Slow unwind**

1-5 Step right forward, unwind  $\frac{1}{2}$  left keeping weight on right (6:00)  
6&7& Point left to left, step left beside right, point right to right, step right beside left  
8& Point left forward, step left beside right

**Ending**

**Step,  $\frac{1}{2}$  Pivot, Out Out, Hold, Arms**

1-2 Step right forward, pivot  $\frac{1}{2}$  left transferring weight on to left  
3-4 Step right to right, step left to left

**Arms**

3-4 Place right arm to right side, place left arm to left side  
5 Hold  
6-7 Grab both elbows with elbows in front of body, slide hands down to wrists  
8 Push both arms down dropping head

**Last Update: 9 Jan 2024**

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